



Mineral Area College Athletics

Emergency Action Plan

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Emergency Action Plan

Emergency situations may arise anytime during athletic events. Expedient action must be taken in order to provide the best possible care to the sport participant in emergency and/or life threatening conditions. The development and implementation of an emergency plan will help ensure that the best care will be provided.

As emergencies may occur at anytime during an activity, the Athletic Staff must be prepared. Athletic Organizations have a duty to develop an emergency plan that may be implemented immediately when necessary and to provide appropriate standards of emergency care to all sports participants. As athletic injuries occur at any time and during any activity, the Athletic Training Team must be prepared. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate medical emergency equipment and supplies, utilization of appropriate medical emergency personnel, and continuing education in the area of emergency medicine and planning. Hopefully, through careful pre-participation physical screenings, adequate medical coverage, safe practice and training techniques, and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the Athletic Training Team should enable each emergency situation to be managed appropriately.

Components of the Emergency Action Plan

1. Emergency Personnel
2. Roles of First Responder
4. Emergency Equipment
5. Emergency Transportation
6. Venue Directions with Map
7. Individual Sport EAPs
 - a. Volleyball, Women's Basketball, Men's Basketball
 - b. Baseball and Softball
8. On-Field Emergency Protocol
9. Emergency Action Plan Checklist for non-medical emergency

Emergency Action Plan Personnel

During typical athletic practice or competition, the first responder to an emergency is typically the Certified Athletic Trainer or Coach. A team physician may not always be present at every organized practice or competition. The type and degree of sports medicine coverage for an athletic event may

vary widely based on such factors as the sport or activity, the setting, the type of training or competition. The first responder in some situations may be a coach or other institutional personnel.

Roles of the First Responders

The development of an emergency action plan cannot be complete without the formation of an emergency team. The emergency team may consist of a number of healthcare providers including physicians, emergency medical technicians, certified athletic trainers, graduate student athletic trainers, student athletic trainers, coaches, managers, and possibly bystanders. Roles of these individuals within the emergency team may vary depending on various factors such as the number of members of the team, the athletic venue itself, or the preference of the Head Athletic Trainer. There are four basic roles within the emergency medical team.

1. The first and most important role is establishing safety of the scene and immediate care of the athlete. Acute care (immediate care) should be provided by the most qualified individual on the scene. Individuals with lower credentials should yield to those with more appropriate training.
2. EMS activation may be necessary in situations where emergency transportation is not already present at the sporting event. This should be done as soon as the situation is deemed an emergency or a life-threatening event. Time is the most critical factor under emergency conditions. Activating the EMS system may be done by anyone on the team. However, the person chosen for this duty should be someone who is calm under pressure and who communicates well over the telephone. This person should also be familiar with the location and address of the sporting event.
3. Equipment retrieval may be done by anyone on the emergency team who is familiar with the types and locations of the specific equipment needed. Graduate student athletic trainers, student athletic trainers, managers, and coaches are good choices for this role.
4. Directing EMS to the scene is the fourth role. One member of the team should be responsible for meeting emergency medical personnel as they arrive at the site of the emergency. Depending on the ease of access, this person should have keys to any locked gates or doors that may slow the arrival of the medical personnel. Maintenance personnel, admin, manager, or coach may be appropriate for this role.

Activating the EMS System

Making the Call:

°Call 911 and notify Campus Security at 573-631-2811

Providing Information

°name, address, telephone number of caller

°nature of emergency, whether medical or non-medical

°number of athletes injured

°Condition of athletes (breathing, not breathing, pulse, no pulse, bleeding, conscious, unconscious)

°First Aid treatment initiated by first responder (blood control, rescue breathing, CPR, etc)

°Specific directions as needed to location of injured athlete (see individual sport EAP)

°Other information requested by dispatcher

Emergency Equipment

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operating condition, and personnel must be trained in advance to use it properly. Emergency equipment available should be appropriate for the level of training for the emergency medical providers. Creating an equipment inspection log book for continued inspection is strongly recommended. It is recommended that a few members of the emergency team be trained and responsible for the care of the equipment.

It is important to know the proper way to care for and store the equipment as well. Equipment should be stored in a clean and environmentally controlled area. It should be readily available when emergency situations arise.

Medical Emergency Transportation

Emphasis is placed at having an ambulance on site at high risk sporting events. EMS response time is additionally factored in when determining on site ambulance coverage. The athletic department coordinates on site ambulances for competition in football. Ambulances may be coordinated on site for other special events/sports such as for conference tournaments. Consideration is given to the capabilities of transportation service available (i.e. basic life support and advanced life support) and the equipment and level of trained personnel on board the ambulance. In the event that an ambulance is on site, there should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue.

In the medical emergency evaluation, the primary survey assists the emergency care provider in identifying emergencies requiring critical intervention and in determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate medical care. Emergency care providers should refrain from transporting unstable athletes in inappropriate vehicles. Care must be taken to ensure that the activity areas are supervised should the emergency care provider leave the site in transporting the athlete. Any emergency situations where there is impairment in level of consciousness (LOC), circulation, airway, breathing (CAB) or there is neurovascular compromise should be considered a “load and go” situation and emphasis placed on rapid evaluation, treatment and transportation. In order to provide the best possible care for Mineral Area College Athletics, all athletes should be transported to Parkland Hospital in Farmington.

Non-Medical Emergencies

For the following non-medical emergencies; fires, bomb threats, severe weather and violent or criminal behavior, refer to the Mineral Area College Campus Safety Guide located at the link below:

<http://www.mineralarea.edu/programsandcourses/publicsafety/default.aspx>

Venue Directions with Maps

For Mineral Area College Facilities, the following directions will be used when activating EMS. Take the Park Hills/Leadington exit for hwy 32. Go East onto Flat River Road. Then follow the specific directions for your particular sport. The layout of the Mineral Area College Athletic Facilities are:



Volleyball/Basketball - Bob Sechrest Fieldhouse - A
Baseball - Harold "Hal" Loughray Baseball Field - B

The layout of Farmington Sports Complex is:



Softball - Farmington Sports Complex (Farmington, MO) - C

Directions to Stevens Softball Field:

Take Hwy 67 south to Farmington, Exit left on W Karsch Blvd (Hwy 32), At 5th stoplight turn Right on Ste. Genevieve Ave. Field entrance is 2nd street on the left.

EMERGENCY ACTION PLAN

VOLLEYBALL, WOMEN'S BASKETBALL, MEN'S BASKETBALL (Bob Sechrest Fieldhouse)

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the fieldhouse. The automatic defibrillator is located on the northeast corner of the basketball court.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 911 and/or 573-631-2831 (Campus Security).
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the Bob Sechrest Fieldhouse. Take the Park Hills/Leadington exit for hwy 32. Make a right onto Flat River Road. Make left into entrance of Mineral Area College (Dixie Kohn Drive). Follow Dixie Kohn Drive around fieldhouse (turning into back of gymnasium). Follow road to back door of fieldhouse.
 - h. Open appropriate doors (back doors of fieldhouse by athletic training room)
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to "flag down" EMS and direct them to the scene.

SAFETY LOCATIONS: In the event of severe weather (tornadoes, hail storms, etc) move all individuals into fieldhouse lower hallways and interior rooms and away from windows. In the event of a fire, have all athletes exit to the exterior of the fieldhouse cross over street and wait near the baseball field until the scene is safe. Have all spectators exit through the front main entrance of

fieldhouse and wait in the parking lot until the scene is safe. The Head Coach or Designee is responsible for counting the student athletes to make sure that all are accounted for. In the event of a bomb threat, all athletes are again to exit the fieldhouse through the back doors and wait near the baseball/shooting fields until an all clear signal is obtained and authorities have allowed re-entry into the building. In the event of a campus lock down due to criminal activity, all athletes are to report to their locker rooms until the all clear signal is given by campus security or another college official.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

CAMPUS SECURITY: 573-631-2831

ADMINISTRATION

CHAD MILLS, ATHLETIC DIRECTOR- 573-631-8082

NATHAN WERREMEYER, ASSISTANT AD- 573-480-6479

ATHLETIC TRAINING STAFF

NATHAN WERREMEYER, HEAD ATHLETIC TRAINER- 573-480-6479

EMERGENCY ACTION PLAN

BASEBALL FIELD

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the fieldhouse. The automatic defibrillator is located in the fieldhouse on the northeast corner of the basketball court.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 911 and/or 573-631-2831 (Campus Security).

- a. Identify yourself and your role in the emergency.
- b. Specify the location and telephone number you are calling from
- c. Give name of injured individual and approximate age.
- d. Give the condition of the victim
- e. Give an approximate time of the incident/accident
- f. Tell the care that is being provided
- g. . Give specific directions to the baseball field. Take the Park Hills/Leadington exit for hwy 32. Make a right onto Flat River Road. Make left into entrance of Mineral Area College (Dixie Kohn Drive). Follow Dixie Kohn Drive to baseball field on right side next to Student Lot C.
- h. Open appropriate gates (Baseball- Gate on west side of field closest to Student Lot C).
- i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to “flag down” EMS and direct them to the scene.

STORM SAFETY LOCATION: In the event of lightening or severe thunderstorm warnings, move all individuals to the Bob Sechrest Fieldhouse. *Dugouts are not considered a safe location during severe weather.* Visiting team may seek shelter on their bus until weather permits returning to the field. In the event of a campus lock down due to criminal activity, all athletes are to report to the concession stand by the baseball field until the all clear signal is given. Athletes are not to attempt to enter campus or return to their dorms.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

CAMPUS SECURITY: 573-631-2831

ADMINISTRATION

CHAD MILLS, ATHLETIC DIRECTOR- 573-631-8082

NATHAN WERREMEYER, ASSISTANT AD- 573-480-6479

ATHLETIC TRAINING STAFF

NATHAN WERREMEYER, HEAD ATHLETIC TRAINER- 573-480-6479

EMERGENCY ACTION PLAN

SOFTBALL FIELD

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located at Mineral Area College. The automatic defibrillator is located in the fieldhouse on the northeast corner of the basketball court. Farmington Parks & Recreation does not allow for storage of an AED on site.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 911 and 573-480-6479 (Athletic Trainer).
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the softball field. Directions here.
 - h. Open appropriate gates (Softball- drive directly to dugouts via driveway).
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to "flag down" EMS and direct them to the scene.

STORM SAFETY LOCATION: In the event of lightening or severe thunderstorm warnings, move all individuals to the concession stand. *Dugouts are not considered a safe location during severe weather.* Visiting team may seek shelter on their bus until weather permits returning to the field. In the event of criminal activity, all athletes are to report to the concession stand until the all clear signal is given. Athletes are not to attempt to return to their cars.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

CAMPUS SECURITY: 573-631-2831

ADMINISTRATION

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ON FIELD EMERGENCY PROTOCOL

Guidelines to Use During a Serious On-Field Player Injury:

These guidelines have been recommended for NCAA officials and have been shared with NJCAA championships staff.

1. Players and coaches should go to and remain in the bench area once medical assistance arrives. Adequate lines of vision between the medical staffs and all available emergency personnel should be established and maintained.
2. Players, parents and non-authorized personnel should be kept a significant distance away from the seriously injured player or players.
3. Players or non-medical personnel should not touch, move or roll an injured player.
4. Players should not try to assist a teammate who is lying on the field (i.e., removing the helmet or chin strap, or attempting to assist breathing by elevating the waist).
5. Players should not pull an injured teammate or opponent from a pile-up.
6. Once the medical staff begins to work on an injured player, they should be allowed to perform services without interruption or interference.
7. Players and coaches should avoid dictating medical services to the athletic trainers or team physicians or taking up their time to perform such services.

CONCLUSION

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency plan by involving the athletic administration and sport coaches as well as the Certified Athletic Trainer. The Emergency Action Plan should be reviewed at least once a year with all athletic personnel, along with CPR and first aid refresher training. Through development and implementation of the emergency plan, the athletic association helps ensure that the athlete will have the best care provided when an emergency situation does arise.