



Upward Bound Alumni Newsletter

Spring 2018

Top 10 Reasons Why Students Drop Out of College

1. Financial - A college education is very expensive at some schools. Some students find that their financial aid is not sufficient to cover the high cost of tuition, books, and living expenses. So, take classes at a community college where classes are less expensive, apply for scholarships, and talk to the financial aid office for solutions.
2. Need to get a full time job - Some students find they can't pay their bills so they drop school to go to work. But you CAN continue to get your degree while working. You can take a night or an on-line class. Going part-time will get you a degree.
3. Family issues - Family is very important and sometimes it is hard to juggle all of the demands. Taking on-line classes may give you the flexibility you need in order to keep working on your degree. Sometimes taking a class or two can be a great "escape" as well.
4. Too much stress - Don't underestimate the amount of time and energy going to school takes. Be prepared and disciplined to avoid unneeded stressors that, procrastination for instance, can bring.
5. Unsure of major - You will eventually need to declare a major if you want to get a bachelor's degree. If you still feel undecided, take a career class, volunteer at an organization you are interested in, or take a class that sounds interesting. It may lead you to a career.
6. Unprepared for the work load - College can be a lot tuffer than high school. You may need to study harder and longer to be successful in college.
7. Personal emergency - Unavoidable circumstances sometimes happen. Talk to your teachers about emergency situations. When all else fails, never fail your classes; withdraw instead.
8. The college atmosphere was not right - Traditional colleges are not always the right fit for all students. Fortunately, there are on-line alternatives, community colleges, and programs for non-traditional students.
9. Too much fun outside of class - Personal freedom comes with personal responsibility.
10. Lack of advising - It is important to stay informed and personally understand the graduation requirements for your degree.

Photos from the past



UB in the News...

Summer 2018 theme is
"The Amazing Race
Compete to Complete"
and the trip will be to Springfield, Illinois

Friend UB at MAC on
Facebook to see more
pictures, videos, and find
your old UB friends! Search
for "Upward Bound at MAC."

Quote

"God has given us
two hands, one to
receive with and the
other to give with."

...Billy Graham

From the Archives - 2009

Look at this enthusiastic group of Adopt-a-Highway volunteers! In case you are wondering, UB students are still earning volunteer hours keeping Missouri roads clean. You will find the current UB Adopt-a-Highway sign about 3 miles from the college on Highway 32 east.



I hope these ice skating pictures take you back! Our latest trip was January 2018.

Then

1998



2002



2012



Now

2018

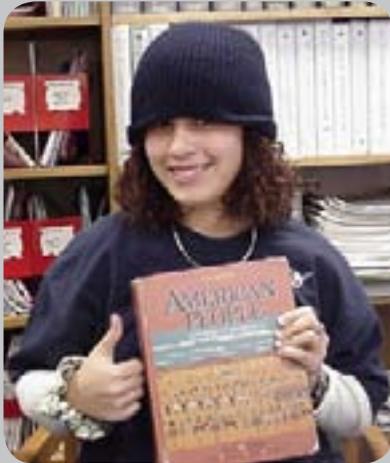


**UB Alumni
Class of 2017**

Best wishes to this newest group of UB alumni! It's amazing what a difference a year makes! This group went to MAC, SEMO, Truman, College of the Ozarks, and Stevens! Hang in there guys! You have a long way to go!

Remembering...

I hope these pictures bring back some happy memories for those students whose lives were touched by the brief lives of these UB students. May their memories and the lessons we learned from them continue to live. Make the most of every day because even those that seem mundane are precious. Enjoy your life and be thankful for every moment.



*Wilhelmina (Jean) Pruitt
February 7, 1983 - September 21, 2000*



*Robneisha (Robbie) Jackson (left)
August 25, 1993 - November 15, 2012*



*Lance Seiberlich (bottom right)
March 14, 1992 - April 23, 2014*



*Vanna Barton
April 8, 1994 - July 22, 2012*

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**A Federally
Funded Program**

The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

The Mineral Area College Upward Bound I program is a TRIO program funded with a five-year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound II program is a TRIO program funded with a five-year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides \$3,000 of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRIO programs.

For more information on Upward Bound I or II or for information on how to apply, contact the Upward Bound office located at Mineral Area College, (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday.

Mineral Area College does not discriminate on the basis of race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call the Title VI, Title IX, Section 504 or U.S. Department of Education, Office of Civil Rights.

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