# A Snapshot of Upward Bound Weekly Meetings

The school year is now in full swing, and we thought it might be nice to give an overview of our Upward Bound plans for this Fall. As most of you already know, during our weekly meetings we provide homework help and tutoring. In addition, student grades are reviewed by the advisor. If a student has a grade below a B, the student is expected to attend tutoring and come up with a plan as to how to raise the grade to at least a B.

A curriculum component is also provided at the meetings. The curriculum topics vary from month to month. Below is a list of our curriculum by month.

- **September** - We reviewed program expectations, students completed Student Achievement Plans and Needs Surveys, we discussed organization and study skills, and seniors had their first senior seminar where they discussed college applications and scholarships.

- **October** - We will be discussing effective communication and invite school administrators to visit our weekly meetings. We will also be working with our students to help them understand the difference between a career and a job and provide a career interest survey for them to complete. Seniors will continue working on completing college applications and scholarship applications.

- **November and December** - We will be working from the book *The Seven Habits of Highly Effective Teens*. The focus will be on Habit 2: Begin with the End in Mind. This habit explores the idea of having a plan and being in charge of your future.
A Federally Funded Program

The Mineral Area College Upward Bound I program is a TRIO program funded with a five-year, $1,495,566 grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound II program is a TRIO program funded with a five-year, $1,298,771 grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRIO programs.

For more information on Upward Bound I or II or for information on how to apply, contact the Upward Bound office located at Mineral Area College, (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday.

Mineral Area College does not discriminate on the basis of race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call the Title VI, Title IX, Section 504 or U.S. Department of Education, Office of Civil Rights.

If you have special needs as addressed by the Americans with Disabilities Act and need this publication in an alternative format, notify us at (573) 431-4593. Reasonable efforts will be made to accommodate your special needs.

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Student News

- Alicia Aubuchon has been accepted to Northwest Missouri State University. She has also received the Bismarck DAR scholarship and was chosen as October Elk’s Student of the Month.

- Shannon DuPerron has been accepted to Mineral Area College.

- Aniyah Graciano is running for Fall Festival Queen.

- Trey Dedear is auditioning for All-Distict Choir.

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September Saturday Program: College visit to William Woods University, Tour of the Missouri State Capitol, Picnic at Meramec Springs

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The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

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Birthdays of the Month

Lexis Berg
Dominic Crisp
Kylie Haberkampf
Emma Holdman
Phillip Lucas
Elizabeth Morris
Robert Price
Anna Willcutt
Nathan Willcutt

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