During November’s weekly meetings, we will be discussing habit four from *The Seven Habits of Highly Effective Teens*. Habit four is about creating a win-win situation. Covey describes win-win as “an attitude toward life, a mental frame of mind that says I can win, and so can you”. Win-win leads to mutual benefit and is cooperative instead of competitive.

He further says that a win-win attitude brings three key character traits: integrity, maturity, and abundance mentality. But, it requires empathy and confidence to be successful.

In the upcoming weeks, we will learn about win-win as well as less satisfactory scenarios: win-lose, lose-win, and lose-lose.

Source: https://weekplan.net/habit-4-think-win-win/

### December Saturday Program Information

Enclosed with this month’s newsletter is a Release of Liability, Waiver of Claims, and Assumptions of Risk Agreement for the Ropes Course at St. Louis Union Station. Students who wish to attend the December Saturday Program must have a completed and signed form turned in by November 20, 2020. If you have any questions please call the Upward Bound office at 573.518.2156.

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**Jacob Drennen**—September Student of the Month at UniTec

**Kalina Keith**—Accepted to Northwest Missouri State

**Hunter Grebe**—October Student of the Month at UniTec

**Hunter Curdt**—Accepted to Mineral Area College

**Keria Wilson**—Accepted in the National Honor Society

**Kiersten Bryant & Jayla Eckhoff**—Finalist for the Questbridge scholarship

**Kira Patterson**—Accepted to University of Missouri

**Ian Bacon**—Accepted to Southeast Missouri State

**Phillip Lucas**—Accepted to William Woods University

**Lilith Chapman**—Accepted to Southeast Missouri State

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**Inclement Weather?**

**Text Alerts** will be sent if meetings or Saturday Programs are canceled.

If your school is canceled, we will **NOT** have meetings.
The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

A Federally Funded Program
The Mineral Area College Upward Bound I program is a TRIO program funded with a five-year, $1,495,566 grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound II program is a TRIO program funded with a five-year, $1,298,771 grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRIO programs.

For more information on Upward Bound I or II or for information on how to apply, contact the Upward Bound office located at Mineral Area College, (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday.

Mineral Area College does not discriminate on the basis of race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call the Title VI, Title IX, Section 504 or U.S. Department of Education, Office of Civil Rights.

If you have special needs as addressed by the Americans with Disabilities Act and need this publication in an alternative format, notify us at (573) 431-4593. Reasonable efforts will be made to accommodate your special needs.