

Upward



Bound

Mineral Area College TRiO Programs

2021

Ring in 2022

UPCOMING EVENTS

December 1st– SEMO and Missouri S&T priority application deadlines

December 3rd & 4th - Friday & Saturday Program– Lock In

December 11th– ACT Test Day

December 21st to January 3rd– No Weekly Meetings

December 25th– Merry Christmas!

January 1st – Happy New Year!

December 23rd to January 3rd– UB Offices Closed

January 8th– Saturday Program

February 1st– MAC Scholarship Application Due

February 5th– Saturday Program

What is your favorite part of the holiday season? Sixty-eight percent of teens say that time off from school and receiving presents are their favorites. Maybe your favorite is spending time with family, the decorations, extra sleep, all the food, special services at church, or gift giving. As we mature, our answers to this question will most likely change.

As the end of the year approaches, it is a good time to reflect on the past year and make goals for the new year. What would you like to do in 2022? Here are the most common goals that teens have for the year ahead:

- ⇒ Get Better Grades
- ⇒ Save Money
- ⇒ Eat Healthier
- ⇒ Make more Friends
- ⇒ Exercise More
- ⇒ Spend More Time with Family
- ⇒ Get a Job
- ⇒ Spend Time Volunteering



Now is the time to take a moment and set priorities for 2022. Upward Bound staff challenge you to choose three goals that you can work toward in the year ahead. When each month's newsletter comes in the mail, evaluate your progress. Make changes to your action plan if needed. Here is to a great 2022!

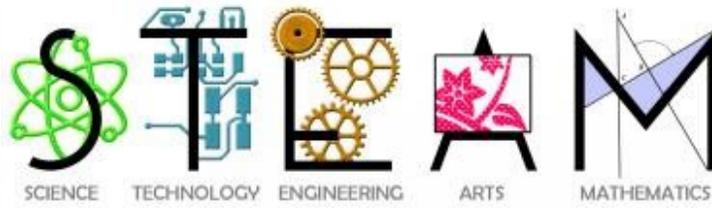
Remember to wear a festive shirt for the December Saturday Program (no PJs)!



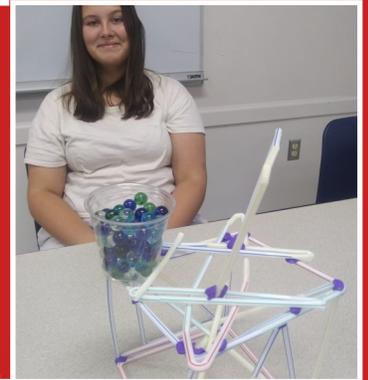
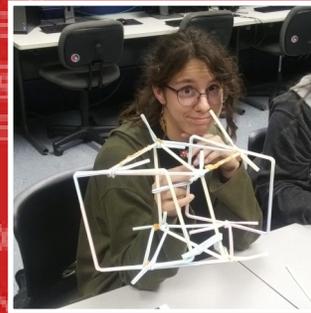
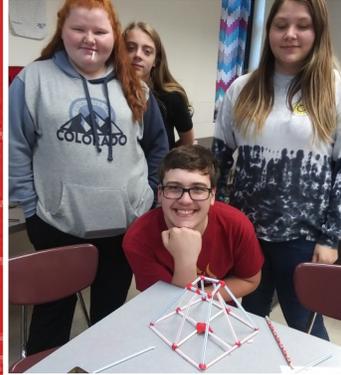
- Makayla Wilson was accepted to Northwest Missouri State University.
- Ashleigh Foxworth was accepted to University of Missouri St. Louis.
- Seth Wright and Ashleigh Foxworth participated in All State Choir

Birthdays of the Month

EMILY LAPLANT
TROY CROCKER
ADDISON GRIGGS
BRADLEY TALLEY
NEVAEH FARIES
MAKAYLA WILSON

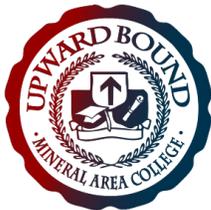
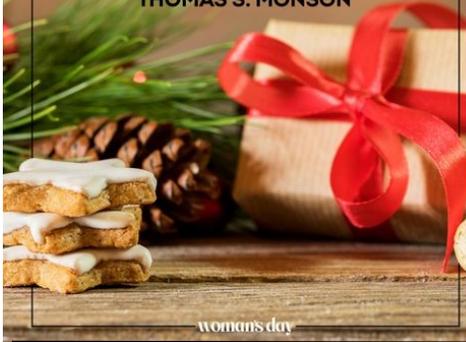


Students participated in tower building during our STEAM curriculum in November. Take a look at some of the towers built.



“Christmas is the spirit of giving without a thought of getting. It is happiness because we see joy in people. It is forgetting self and finding time for others. It is discarding the meaningless and stressing the true values.”

THOMAS S. MONSON



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The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

A Federally Funded Program

The Mineral Area College Upward Bound I program is a TRIO program funded with a five-year, \$1,495,566 grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound II program is a TRIO program funded with a five-year, \$1,298,771 grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRIO programs.

For more information on Upward Bound I or II or for information on how to apply, contact the Upward Bound office located at Mineral Area College, (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday.

Mineral Area College does not discriminate on the basis of race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call the Title VI, Title IX, Section 504 or U.S. Department of Education, Office of Civil Rights.

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