# **COMMUNITY RESOURCES 2023-2024**

# ST. FRANCOIS COUNTY

FOR ADDITIONAL COPIES, CALL (573) 760-0212

#### This Resource Guide is Published by:

St. Francois County Community Partnership
1101 Weber Rd., Suite 202
Farmington, MO 63640
(573) 760-0212 / (573) 431-3173
www.sfccp.org



# **Our Mission**

To build, nurture, and strengthen families, ensuring that every person has the opportunity to become a healthy, productive, and contributing member of the community.

#### **Our Goals**

- Parents Working
- Healthy Children & Families
- Children & Families Safe in Homes & Communities
  - Children Prepared to Enter School
  - Children & Youth Succeeding in School
    - Youth Ready to Enter Adulthood

## **CHARITABLE ORGANIZATIONS**

East Missouri Action Agency Park Hills (573) 431-5191 or (573) 431-0103 March of Dimes 11829 Dorsett Rd., Maryland Heights (314) 513-9990 marchofdimes.org

Ministerial Alliance: Various Area Churches.... some listed are:

Bonne Terre (573) 534-7077 Farmington (573) 756-4654

Park Hills (573) 431-1265

United Way of St. Francois County 739 E. Karsch Blvd., Farmington (573) 760-8929 unitedwayofsfc.org

United Way Missouri Call 2-1-1 24 hours/day 7 days/week to find/give help West County Hope Center 206 Church St., Leadwood (573) 631-8126

#### CHILDCARE ASSISTANCE

Child Care Aware of Missouri 1000 Executive Parkway Dr., Suite 103, St. Louis (314) 535-1458 or (800) 200-9017 Educational materials for choosing quality childcare, parenting and child development. Referral services for finding childcare.

#### **DISABILITIES/SERVICES**

Alzheimer's Association (314) 432-3422 or (800) 272-3900 24/7 helpline to speak to trained staff and volunteers qualified to answer questions about all aspects of dementia, care consultation, support groups, MedicAlert Safe Return, early stage programs, family education, respite care assistance, community education, family support, advocacy and memory walk.

Bureau of Special Health Care Needs 471 Siemers Dr., Suite H, Cape Girardeau (573) 290-5830 Authorized in-home medical services for Missouri Medicaid clients.

## **COUNTY OFFICES**

Annex Building 1 W. Liberty St., Farmington (573) 756-3623 or (573) 431-6505

Assessor Auditor Information Technology Public Administrator Recorder of Deeds

Collector County Clerk

Treasurer

County Commission

University of Missouri Extension

Courthouse 1 N. Washington St., Farmington (573) 756-3623 or (573) 431-6505

Circuit Clerk

Child Support Enforcement

Division Judges Drug Court/Family

Prosecuting Attorney

Juvenile Detention Center 1140 Old Jackson Rd., Farmington (573) 454-2496

Road and Bridge 1640 E. Woodlawn Dr., Farmington (573) 454-2441 Sheriff's Department 1550 Doubet Rd., Farmington (573) 756-3252 or (573) 431-2777

SFC Health Center 1025 W. Main St., Park Hills (573) 431-1947 Weber Road Facility 1101 Weber Rd., Farmington (573) 756-3623

Adult Drug Court

**Election Central** 

**Department of Mental Health** (800) 364-9687 Offices throughout the state that can help with developmental disabilities.

Disability Benefits (800) 772-1213 or TTY (800) 325-0778 ssa.gov/applyfordisability

Easterseals Midwest 11933 Westline Industrial Dr., St. Louis (800) 200-2119 Training for professionals, parents and families with children on the autism spectrum, family support, recreational programs and respite care.

First Steps 102 E. Springfield Ave., Suite 101, Union (636) 584-7279 Missouri's early intervention program available to all eligible children ages birth until 3 years with developmental concerns.

Friends in Action Clubhouse 657 Walton Dr., Farmington (573) 760-8360 A membership program that promotes recovery and independence through wellness, social, educational, and employment opportunities.

Greater Heights Adult Day Health Care 719 Maple St., Farmington (573) 756-7554 For handicapped and mentally disabled adults. Life, Inc.

725 E. Karsch Blvd., Farmington (573) 756-4314 or (800) 596-7273 1008 E. Main St., Bismarck (573) 734-8600

Services for any age person with disabilities. Information/referral services, peer support, advocacy, independent living skills training, employment services, equipment loan, personal attendant services, ramp/home modifications, adaptive telephone program, social security benefits specialist, meds assistance program and transportation program.

MCII Sheltered Workshop 1687 S. Westmount Dr., Farmington (573) 756-6406 Provides dignified employment opportunities to disabled adults.

Medicare Disability Benefits Find out how Medicare works for people who have a disability. medicare.gov

Missouri Protection & Advocacy Services 925 S. Country Club Dr., Jefferson City (800) 392-8667 Advocates, protects rights, and provides legal services for people with disabilities.

# **DISABILITIES/SERVICES (cont)**

Missouri Commission for Deaf and Hard of Hearing 3216 Emerald Lane, Life, Inc. Ste. B, Jefferson City (573) 526-5205 Provides information about resources available to deaf and hard of hearing people and the professionals who work with them. mcdhh.mo.gov/deaf-resources

Missouri Council for the Blind 5453 Chippewa St., St. Louis (800) 342-5632 Assists people with several degrees of vision loss. moblind.org

Missouri School for the Blind 3815 Magnolia Ave., St. Louis (314) 776-4320 Educational institution designed especially for students who are blind or visually impaired.

Missouri School for the Deaf (Families First) 505 Fifth St., Fulton (573) 592-4000 Provides educational opportunities and outreach support for students to become successful life-long learners and productive citizens in a global society, msd.dese.mo.gov

MoSpin (Missouri Statewide Parent Involvement Network) 3815 Magnolia St., St. Louis (314) 776-4320 Provides a free home-based program for families of children, birth through 5 years of age, who are visually impaired, including those with multiple disabilities and combined vision and hearing challenges. msb.dese.mo.gov

National Association of the Deaf Preserve, protect and promote the civil, human and linguistic right of deaf and hard of hearing people in the US. nad.org New Beginnings Community Services, Inc., 29 W. School St., Bonne Terre (573) 760-3609 Call for appointment.

Preferred Employment Services 903 Chestnut St., Suite D, Desloge (573) 431-5507 Employment and resume services specializing in assisting individuals with barriers to employment and disabilities. Must be referred by Vocational Rehab. Traumatic brain injury service, DMH Employment Service, Chafee Foster Care Program.

Prevention of Blindness The Prevention of Blindness (POB) statewide program provides free public education services about blindness and other eye conditions, eye screenings, and treatment services necessary to prevent blindness. dss.mo.gov/fsd/rsb/pob.htm

Rehabilitation Service for the Blind 106 Arthur St., Suite E, Sikeston (573) 472-5240 Vocational rehabilitation for the blind, older blind services and independent living services.

Rolla Regional Center for the Developmentally Disabled 105 Fairgrounds Rd., Rolla (573) 368-2200 Residential placement and day habilitation services for persons with developmental disabilities.

Social Security Administration 507 E. Main St., Park Hills (877) 622-9009 Retirement, survivors & disability insurance, Medicare, supplemental security income for the aged, blind, and persons with disabilities.

St. Francois County Board for the Developmentally Disabled Washington St., Farmington (573) 756-0595 Multiple support services for individuals and families with developmental disabilities.

Telecommunication Relay Service Telephone service that allows persons with hearing or speech disabilities to place and receive telephone calls. fcc.gov/trs Variety the Children's Charity of St. Louis 11840 Westline Industrial Dr., Suite 220, St. Louis (314) 720-7700 Empowers children with special needs by providing access to medical equipment, and innovative programs. varietystl.org Vocational Rehabilitation 901 Progress Dr., Suite 100, Farmington (573) 218-6100 Provides employment/job training assistance for individuals with disabilities.

#### **EDUCATION & EMPLOYMENT TRAINING**

Adult Literacy Class 7163 Raider Rd., Bonne Terre (573) 431-3300 ext. 7/2 Adult education classes and Hi-Set (high school equivalent test) preparation. Family Assistance Center for Military Families, Missouri National Guard Armory

24 Davis St., Jefferson Barracks (314) 416-6638 2626 Independence St., Cape Girardeau (573) 339-6206

Serving Southeast Missouri. Information and referral services for military families. Head Start (Call East Missouri Action Agency) (573) 431-5191 A pre-school program to meet the educational, emotional, social, health, nutritional, and psychological needs of children ages 3 to kindergarten entry.

Hope 4 Autism 117 E. Columbia St. Farmington (573) 664-1711 Vocational and social skills training program geared to increase the employment opportunities for teens/adults with autism spectrum disorder, and similar challenges.

# **EDUCATION & EMPLOYMENT TRAINING (cont)**

725 E. Karsch Blvd., Farmington (573) 756-4314 or (800) 596-7273 1008 E. Main St., Bismarck (573) 756-4314 or (800) 596-7273

Full service employment network for beneficiaries of Social Security Disability providing assistance with resumes, interview skills, career exploration and specializing in accurate information about how employment income will affect federal/state benefits (SSDI, SSI, Medicare, Medicaid, etc.).

Manpower 1162B E. Gannon Dr., Festus (636) 931-6333 Provides testing. job counseling, and temporary/permanent job placement.

MCII Sheltered Workshop 1687 S. Westmount Dr., Farmington (573) 756-6406 Provides dignified employment opportunities to disabled adults.

MERS/Goodwill Farmington Career Center 400 N. Washington St., Ste. 115, Farmington (573) 756-1773 Job placement, job readiness training and vocational evaluation services. Specializing in assisting individuals and families with barriers to employment.

Military Recruitment Offices:

Air Force: 137 Twin City Mall, Festus (573) 576-1906 Army: 560 Walmart Dr., Farmington (573) 303-4581

Army Reserve Center: 1610 W. Columbia St., Farmington (573) 756-3129

Marine Corps: 560 Walmart Dr., Farmington (573) 756-6763 National Guard: 1210 Morris St., Farmington (573) 756-3545 Navy: 137 Twin City Mall, Festus (636) 931-6923

Mineral Area College Provost Office 5270 Flat River Rd., Park Hills (573) 518-2157 Offers Arts and Science degrees as well as numerous career and tech/ prep degrees and certificates. Student aid programs available.

Missouri Job Center 403 Parkway Dr., Suite A, Park Hills (573) 518-2431 Employment training, skills assessment, One Stop Missouri Job Center, services for dislocated workers, youth, outreach to veterans, migrant/seasonal farm workers and low-income individuals.

Parents As Teachers

Bismarck R-V (573) 734-6111 Central R-111 (573) 431-2616 Farmington R-VII (573) 701-1300 North County R-1 (573) 431-3300 West County R-IV (573) 562-2213

Preferred Employment Services 903 Chestnut St., Suite D, Desloge (573) Employment, resume services and permanent job placements. Assisting families with barriers to employment and disabilities.

Prevention Consultants of Missouri 300 N. Rolla St., Rolla (573) 368-4755 Prevention Resource Center supporting community substance use prevention and behavioral health promotion programs and strategies, including coalition development and support, suicide prevention, Mental Health First Aid, bully prevention, peer conflict mediation training, drug misuse trends, and substance use prevention curriculum for schools.

Proman Staffing 902 Progress Dr., Farmington (573) 756-6700 Temporary/ permanent job placement. promanstaffing.com

Special Education (Contact Your Local School District) Services for children who demonstrate developmental delays.

St. Louis Job Corps Center 4333 Goodfellow Blvd., St. Louis (314) 679-6200 Academic and vocational training with residential and non-residential living. UniTec Career Center 7163 Raider Rd., Bonne Terre (573) 431-3300 Ext. 7 Vocational training, assorted adult education classes and HiSet (high school equivalent test) preparation. Call for services available in your community.

University of Missouri Extension Office 1 W. Liberty St., SFC Courthouse Annex, Farmington (573) 756-4539 Educational services and activities for youth and family development, nutrition and health, parenting, life skills, and livestock specialist.

Upward Bound Mineral Area College 5270 Flat River Rd., Park Hills (573) 518-2156 Prepares high school students for a successful college experience. Vocational Rehabilitation 901 Progress Dr., Suite 100, Farmington (573) Provides employment/job training, assessment and assistance for individuals with disabilities.

# **EMERGENCY NUMBERS**

Emergency 911

Non Emergency Dispatch (573) 431-3131 (24 hours) Poison Control (800) 222-1222

St. François County Ambulance District (573) 431-0030

St. Francois County Sheriff (573) 756-3252

# FAMILY SERVICES HOUSING VICTIMIZATION

Children's Advocacy Center of East Central MO 601 Maple St., Farmington Cornerstone Café, Centenary United Methodist Church 20 Park St., Bonne Terre (573) 756-4148 Sexual abuse forensic interviews and exams, victim advocacy, mental health referrals, education regarding serious child abuse, collaboration among agencies. Referrals by law enforcement agencies or Children's Division.

Children's Division 140 Staples Dr., Park Hills (573) 518-2585 Investigation of child abuse, foster care, family centered services, family preservation services, and adoptions. Child Abuse Hotline: (800) 392-3738

East Missouri Action Agency 403 Parkway Dr., Park Hills (573) 431-5191 or (800) 392-8663 Head Start, Housing, Weatherization, Section 8 HUD Rental Assistance, Women's Wellness. eastmoaa.org

Family Support Division 140 Staples Dr., Park Hills (855) 373-4636 Food stamps, medicaid, temporary assistance, childcare assistance.

Friendship House Apartments 655 Walton Dr., Farmington (through EMAA) (573) 431-5191

Good Shepherd Children and Family Services 111 Walker Dr., Farmington (573) 664-1330 Offers foster care, expectant parent and pregnancy support and a full range of adoption services for children and families in need.

Habitat for Humanity 403 W. Columbia St., Farmington (573) 760-1702 Assisting income eligible St. Francois County families in reaching their dream of owning a home. Providing volunteer service for people wanting to make a difference in people's lives or complete community service hours.

ParentLink WarmLine 2800 Maguire Blvd., Columbia (800) 552-8522 or (573) 882-7323 Supports parents, relatives and providers by offering problem solving support, resource based information and referrals to services. Also offering ASQ (free development screenings), M-F 8am-10pm, Sat-Sun 12-5 pm.

SEMO Family Violence Council (573) 358-3913

24 Hour Crisis Hotline (800) 663-9929

Domestic violence crisis intervention, support groups, information and referrals, court advocacy, outreach support groups, parenting classes, sexual assault advocate. USDA Rural Development Single Family Housing Department 601 Business Loop 70 West, Columbia (573) 876-0976 Housing loans for very low and low income, housing repair grants/loans for very low income (age 62 and up), housing/

rental assistance program info.

#### **FOOD PANTRIES**

#### REFERRAL MAY BE REQUIRED

#### Call East Missouri Action Agency (573) 431-0103

Bismarck Church of God 1101 Gifford St., Bismarck (573) 701-4749 Serves St. Francois County, Open 2nd and 4th Saturday each month 9-10:30am Elvins Food Pantry 17 W. Main St., Park Hills (573) 518-1266 Serves St. François County. Open Monday and Friday 9am-12:30pm

Farmington Ministerial Alliance Food Pantry 765 Weber Rd., Farmington (573) 756-1917 Monday, Wednesday, Friday 9 am-12 noon

Farmington St. Vincent DePaul 101 N. Carleton St., Farmington (573) 756-0997 Open Tuesday and Friday 9am-12 noon

Frankclay Church of the Nazarene 583 Grand Ave., Park Hills (573) 366-0986 Call for more information

House of Praise Food Pantry 6500 Dunn Rd., Desloge (573) 431-5300 Open Thursday 9-11am

Immaculate Conception Food Pantry 1020 W. Main St., Hwys. 8 & Z, Park Hills (573) 431-2427 Serves Desloge, Wortham, Park Hills, Leadington, and Leadwood. Open Fridays 7:30-9:30am

Parkland Hope Center 601 Lewis St., Park Hills (573) 327-9200 Community assistance program allowing working or non-working people to obtain food and household items at greatly discounted prices.

St. Joe Catholic Church 15 St. Joseph St., Bonne Terre (573) 358-2112 Serves Bonne Terre and North SFC area; Monday 9am-noon; 2nd Wednesday of each month 5-6pm

#### FREE MEALS

(573) 358-2238 Free meals every Wednesday 5-5:30pm

MUM's, Memorial United Methodist Church 425 North St., Farmington (573) 756-4565. Free meals every Wednesday 5:30pm

#### HEALTH

Asthma & Allergy Foundation of America 1500 S. Big Bend Blvd., Ste. 15, St. Louis (314) 645-2422 Serves those affected by asthma and allergies through education, support and resources.

Breast Health Care Center at Missouri Baptist Medical Center 3023 N. Ballas Rd., Building D, Suite 630, St. Louis (314) 996-7550 Provides a full range of breast health services, from screening and diagnostic mammography to treatment, all in a pleasant, well-equipped facility.

Serves children and families to improve health and ensure Caring Communities success in school. Affiliated with local school districts.

Bismarck (573) 734-6111

Central (573) 431-2616, Ext. 4121 Farmington (573) 701-1395

North St. Francois County (573) 431-3300

West County (573) 562-7558, Ext. 3

Down Syndrome Association of Greater St. Louis 1300 Strassner Dr., Brentwood (314) 961-2054 Committed to serve, support and celebrate the lives of all individuals with Down Syndrome and their families through every stage of their life. Gateway To Hope 3114 Sutton Blvd., Maplewood (314) 569-1113 Financial and emotional support services for those in treatment for breast cancer.

Great Mines Health Center 508 W. Pine St., Farmington

Dental (573) 664-1100

Medical (573) 664-1221

Medicine Assistance Tool (571) 350-8643 Assistance in finding a prescription medication program. Income guidelines may apply. mat.org

My Life Health Clinic 1565 Ste. Genevieve Ave., Farmington (573) 431-6013 24 hour pregnancy crisis hotline (800) 712-4357

Free pregnancy testing, free first trimester limited ultrasound and limited STD testing. New Vision at Ste. Genevieve Memorial Hospital 800 Ste. Genevieve Dr., Ste. Genevieve (573) 240-4089 In-patient medical stabilization service for adults with drug, alcohol and related health issues, as well as withdrawal symptoms.

ODACS 1122 E. Main St., Park Hills (573) 431-6290 or (888) 528-5781 Drug, alcohol, DNA testing and DOT physicals.

Pregnancy Decision Line (866) 804-4717

Prescription Savings (PS) Card (888) 516-2535 Free prescription savings card for individuals and families without prescription coverage.

Rural Parish Clinic 454 Berry Rd., Bonne Terre

Mobile Dental Van (314) 225-4034 Call for scheduling

Mobile Medical Van (888) 870-9610 First Monday of each month 9am-3pm Rx Outreach 3171 Riverport Tech Center Dr., St. Louis (314) 222-0472 Fully licensed non profit mail order pharmacy, providing safe, affordable medications to

patients across the country since 2010.

St. Francois County Health Center 1025 W. Main St., Park Hills (573) 431-1947 Communicable disease follow-up and investigations, infectious disease clinic, environmental health services, immunizations for children and adults, blood pressure monitoring, low-cost laboratory services, breastfeeding peer counseling services, naloxone distribution, flu & COVID-19 vaccinations, lead screenings for children 6 months-6 years, sexually transmitted disease clinic, HIV case management, emergency response planning, vital records-recording and issuing certified copies of birth and death certificates, TB testing and treatment, WIC, pregnancy testing, Medicaid presumptive eligibility for pregnant women, chronic disease selfmanagement classes, Childcare Health Consultant, diabetes self-management classes, self-monitoring blood pressure program, Teen Outreach Program, safe crib, nutrition counseling and SNAP/MoHealthnet application assistance.

# **HEALTH** (cont)

St. Louis Neurotherapy Institute 11710 Old Ballas Rd., Ste. 205, St. Louis Local (314) 983-9355 Alleviate symptoms associated with ADHD, autism, anxiety, insomnia, chronic fatigue, learning disorders, chronic pain, memory loss, fibromyalgia, migraine and tension headaches and vertigo.

The Stuttering Foundation of America 1805 Moriah Woods Blvd., Ste. 3, Memphis, TN (800) 992-9392 Free information, brochures and a nationwide referral list of speech/language pathologists who specialize in stuttering. Women's Wellness Center East Missouri Action Agency 403 Parkway Dr., Park Hills (573) 431-5191 Ext 1121 Reproductive healthcare services and education.

#### **HOME HEALTH SERVICES**

A-1 Adult Daycare 400 M C Black Rd., Bonne Terre (573) 358-7755 A-1 Homecare 400 M C Black Rd., Bonne Terre (573) 358-7755 Advantage Home Care 301 N. Washington St., Suite 4A, Farmington (573) 756-7743

All Ways Caring Home Care 1136G N. Desloge Dr., Desloge (573) 518-0275

Alternative Home Healthcare 80 Rue Terre Bonne, Bonne Terre (573) 358-9234

BJC Home Care Services 757 Weber Rd., Farmington (573) 760-8575 Caring Hands In-Home Care 340 N. Chambers Dr., Fredericktown (573) Great Mines Health Center 508 W. Pine St., Farmington (573) 664-1100 440-5060

CenterWell Home Health 4783 Flat River Rd., Suite A, Farmington (573) 760-0751

Detring Home Health Care 5215 Hwy D. Farmington (314) 435-1009 Elara Caring 1207A Maple St., Farmington (573) 756-7575

Gentiva Personal Care 751 Maple Valley Dr., Farmington (573) 431-6599 Life, Inc.

725 E. Karsch Blvd., Farmington (573) 756-4314 or (800) 596-7273 1008 E. Main St., Bismarck (573) 734-8600

Services for any age person with disabilities. Information/referral services, peer support, advocacy, independent living skills training, employment services, equipment loan, personal attendant services, ramp/home modifications, adaptive telephone program, social security benefits specialist, meds assistance program and transportation program.

Mercy Home Health 620 Maple Valley Dr., Farmington (573) 705-3565 Visiting Angels 1276 W. Liberty St., Farmington (573) 664-1722

#### **HOMELESS**

Shared Blessings Homeless Shelter 518 Grove St., Bonne Terre (573) Faith based ministry established to provide temporary shelter for men, women, and families that are homeless. Call for more information.

#### HOSPICE SERVICES

BJC Hospice Services 757 Weber Rd., Farmington (573) 760-8550 Heart and Soul Hospice 412 Cayce St., Farmington (573) 756-7066 Gentiva/CenterWell Hospice 4783 Flat River Rd., Suite 100B, Farmington (573) 705-3475

Mercy Hospice 620 Maple Valley Dr., Farmington (636) 933-1200 Preferred Hospice 810 Progress Dr., Farmington (573) 756-9800 Serenity Hospice 5272 Flat River Rd., Park Hills (573) 431-0162 or (800) 876-0162

#### **HOSPITALS**

Parkland Health Center (2 locations) Bonne Terre 7245 Raider Rd., (573) 358-1400 Farmington 1101 W. Liberty St., (573) 756-6451

Mercy Hospital/Jefferson 1400 US Hwy. 61, (636) 933-1000 St. Louis

Barnes Jewish Hosp. 1 Barnes Jewish Plaza, (314) 747-3000 Cardinal Glennon Children's Hosp. 1465 S. Grand, (314) 577-5600 Mercy Hospital 615 S. New Ballas Rd., (314) 251-6000 Missouri Baptist Hosp. 3015 N. Ballas Rd., (314) 996-5000 Shriner's Hospital for Children 4400 Clayton Ave., (314) 432-3600 Children's Hospital 1 Children's Place, (314) 454-6000

#### LGBTQ YOUTH

LGBT National Youth Talkline (800) 246-7743 Trans LifeLine (877) 565-8860 Trevor Project Suicide Hotline (866) 488-7386

# MEDICAL

Provides Medicaid services to those who qualify. Accepts most insurance.

Rural Parish Clinic 454 Berry Rd., Bonne Terre Mobile Dental Van (314) 225-4034 Call for scheduling

Mobile Medical Van (888) 870-9610 First Mon. of each month 9am-3pm Upward Smiles Inc. 2820 Anchor Dr., Farmington (573) 327-8010 Dental screenings, preventative seals and restorative care for Medicaid children ages 2-20. Offering deep sedation and nitrous oxide if required. Sliding fee scale for qualified uninsured children.

### MEDICAL EQUIPMENT

BJC Home Medical Equipment 301 N. Washington St., Ste. 3, Farmington (573) 747-1075

Clay Medical Supplies 1136 N. Desloge Dr., Desloge (573) 431-5183 673 W. Karsch Blvd., Farmington Healthcare Equipment & Supplies (573) 701-0044

Medical West 119 Walker Dr., Ste. A, Farmington (573) 756-7747 Sheets-Young Medical Equipment 12 Cap America Dr., Fredericktown (573) 783-4623

True Care Medical Equipment 1155 Maple St., Farmington (573) 756-9911

# MENTAL HEALTH / COUNSELING SERVICES

BJC Behavioral Health 1085 Maple St., Farmington (573) 756-5353 or (888) 331-5111 Individual, group and family therapy, psychiatric services, medication monitoring, psychosocial rehab, intensive in-home services for adults and children, treatment in family homes for children, school-based services, clinical case management, employee assistance program, substance abuse for adults/children, and family assistance services for children.

Bridge of Hope Ministries 400 N. Washington St., Suite 113, Farmington Individual, family and marriage counseling, personality (573) 701-9861 profiles, trauma, PTSD, and grief issues. Private pay only. Over 50 years experience.

# MENTAL HEALTH / COUNSELING SERVICES (cont)

where grieving children, ages 4-18, can share their experiences with other children Farmington (573) 756-6744 Call for more information. with similar stories. Meetings held first Monday of each month at Serenity Hospice SEMO Family Violence Council P O Box 465, Bonne Terre (573) 358-3913 Care from 6:30-8pm at no cost. Prior enrollment is requested.

Children's Advocacy Center of East Central Missouri Farmington (573) 756-4148 Sexual abuse forensic interviews and exams, victim advocacy, mental health referrals, education regarding serious child abuse and collaboration among agencies. Children are referred by law enforcement agencies or Children's Division.

Community Counseling Center Crisis Hotline: (800) 356-5395 Talk, Listen, Care warm-line (877) 626-0638 24-hour on call counseling services for families where one or more children are at imminent risk of placement outside the home, out-patient counseling, psychiatry, case management, family reunification of foster children, psychosocial rehabilitation, bullying prevention, forensic division, community based solutions and peer support.

Legacy Ranch 12729 Stoney Point Rd., Bonne Terre Licensed Foster Care and Adoption Agency that works directly with Child Protective Services to find homes for children who have been abused, neglected or exploited.

McGraw, MSW, LCSW, Richard, 203 Cabanne Court, Bonne Terre (573) 576-8881 Private therapy services for all individuals including children ages 5 and up. adults and family therapy. In-home service available. Accepts all Missouri Medicaid plans and other private insurances.

Mineral Area Community Psychiatric Rehabilitation Center (CPRC) 560 W. Pine St., Farmington (573) 756-2899 Adult only. Out-patient psychiatric services for clients with varying degrees of mental illness with the goal of reintegrating into the community. Services include intake/assessment, medication service/administration, community support workers, psychosocial rehabilitation, crisis intervention and resolution.

My Turning Point Counseling struggles, divorce, step-parenting,

NAMI Missouri (National Alliance on Mental Illness) (573) 634-7727 Peer led support group for adults living with mental illness. nami.org

Presbyterian Children's Home and Services (PCHAS) 1020 PCHAS Way, Farmington (573) 756-6744 Providing Christ centered care and support to Social Security Administration 507 East Main St., Park Hills (877) 622-9009 children and families in need. Programs include: Child and Family, Single Parent Family, Counseling Center, Student Resource Center, Mentoring Services, Youth Outreach and Transitional Living. More programs are being developed to meet community needs. Call for more information.

Raising A Village 103 Strauss Dr., Park Hills (573) 327-9841 Offers counseling services for adults, adolescents, families, children, group therapy and

Southeast Missouri Mental Health Center 1010 W. Columbia St., Farmington (573) 218-6792 All admissions arranged through court system. Call for more BISMARCK information.

Southeast Missouri Behavioral Health 1103 Weber Rd., Farmington (573) 664-1629 Family counseling program, alcohol/drug treatment centers-(Farmington, Poplar Bluff and Salem), community psychiatric rehabilitation program, professional and community services, out-patient comprehensive substance abuse treatment and rehab program (CSTAR), Substance Abuse Treatment Offenders Programs (SATOP), managed care programs-substance abuse and mental health out-patient

Thurman, Carol, LPC, LLC, Counselor 400 N. Washington St., Suite 210, Farmington (573) 760-3758 Providing individual, couples, family, and group counseling for children, adolescents, and adults.

#### PARENTING CLASSES

A Friend's Place (573) 358-4461 or (800) 663-9929 Call for more information. Parkland Pregnancy Resource Center 1565 Ste. Genevieve Ave., Farmington (573) 431-6001 Earn While You Learn Parenting Classes: Topics include: prenatal care, nutrition, healthy relationships, safety, infant development, discipline. Also, new diapers and gently used maternity and baby products available free of charge for parent class clients. Free classes offered weekly.

# PARENTING CLASSES (cont)

Carter's Clubhouse 5272 Flat River Rd., Park Hills (573) 701-2504 A place Presbyterian Children's Home and Services (PCHAS) 1020 PCHAS Way,

#### **PUBLIC TRANSPORTATION**

Liberty Taxi Service (573) 518-0960

LIFE Center Accessible Van Service (573) 756-4314 FREE for seniors and those with disabilities who reside in St. Francois, Madison & Ste. Genevieve counties. Call for details.

Non-Emergency Medical Transport (866) 269-5927 For Medicaid/MC+ recipients. Call for fees and details.

SMTS (Southeast Missouri Transportation Service) (573) 431-5765 or (800) 273-0646 Local and long distance transportation, wheelchair and lift services available.

Steve's Taxi Service (573) 315-5237

# SENIOR CENTERS

Bismarck Senior Center 922 Center St., Bismarck (573) 734-2429 Bonne Terre Senior Center 114 N. Allen St., Bonne Terre (573) 358-3726 Farmington Senior Center 607 Wallace Rd., Farmington (573) 756-1376 Park Hills Senior Center 224 W. Main St., Park Hills (573) 431-4974

#### SENIOR CITIZEN SERVICES

530 Doss St., Farmington (573) 631-5286 Aging Matters 1078 Wolverine Lane, Ste. J, Cape Girardeau (573) 335-3331 Counseling services provided for trauma, PTSD, anxiety, depression, personal life or (800) 392-8771 Provides quality services to enhance the health, safety and well -being of persons (age 60 and over) enabling them to live in their own home for as long and independently as possible, agingmatters2u.com

> (573) 431-5765 or (800) 273-0646 Local, long distance transportation services. Wheelchair and lift services available. Fee may apply.

> Retirement, survivors & disability insurance, Medicare, supplemental security income for the aged, blind, and persons with disabilities.

### SENIOR RENTAL ASSISTED APARTMENTS

For additional areas call East Missouri Action Agency (573) 431-5191

Springwood Apartments 503 So. Cedar St. (573) 734-6501 **BONNE TERRE** 

Bonne Terre Senior Apartments 600 Cherry St. (573) 358-2088 Parkview Apartments 114 N. Allen St. (573) 358-9328

Desloge Senior Apartments 206 N. Washington St. (573) 431-0426

Ben-Nor Apartments 800 E. Liberty St. (573) 756-2052 Farm Villa Apartments 739 Hillsboro Rd. (573) 631-8669 Parkland Senior Apartments 40 Potosi St. (573) 701-9596 LEADWOOD

Cedar Ridge Apartments 1001 Caviness Dr. (573) 562-7650 **PARK HILLS** 

Eugene Field Apartments 401 Glendale St. (573) 518-1068 Flat River Apartments 900 Taylor Ave. (573) 431-6827 Park Hills Villa 1102 St. Joe Dr. (573) 518-0844 Pleasant View Apartments 115 McGlashon St. (573) 518-0252 Village Gardens Apartments 302 Edgewood St. (573) 431-2042

#### SUICIDE PREVENTION

BHR Behavioral Health Crisis Hotline Text 988

KUTO (Kids Under Twenty-One) Crisis Helpline (888) 644-5886 Staffed by trained youth volunteers everyday after 4pm.

MoCAR (Missouri Crisis Access Response) 24/7 Crisis Line (800) 356-5395 kuto.org suicidepreventionlifeline.org

#### SUPPORT GROUPS

A Friend's Place (Domestic Violence) (800) 799-7233 or (573) 358-4461 Al Anon Family Group (573) 756-1313 or (573) 330-0230 American Cancer Society (314) 286-8150 Breast Cancer Support Group (636) 937-3053 Cancer (800) 422-6237 Carter's Clubhouse Children's Grief Program (573) 701-2504 Drug Addiction (855) 520-2898 drugrehab.com/support Family Support Crisis Line (800) 950-6264 or MOCARS (800) 356-5395 NAMI Family Support Group (573) 634-7727 namimissouri.org Narcotics Anonymous (800) 407-7195 New Beginnings Grief and Loss (573) 760-3609 Overeaters Anonymous (314) 638-6070 Parent Café (314) 731-3969

SEMO Behavioral Health (573) 664-1629

SEMO Family Violence Council/Sexual Assault Victims (573) 358-3913

Weight Watchers (800) 651-6000

## THRIFT SHOPS

Blessing Room 1122 Main St., Leadwood (573) 576-3568 Sat. 9am-2pm GoodWill Store 695 Potosi St., Farmington (573) 760-9252 Monday-Saturday 10am-8pm; Sunday 10am-7pm

Habitat ReStore 4602 Hwy 67, Farmington (573) 747-1305 Open to the public for making donations and purchasing building supplies. Monday-Friday 10am-3pm Helping Hand Ministries 526 Benham St., Bonne Terre (573) 358-3508 Open Monday, Tuesday, Wednesday, Friday 10am-4pm, Saturday 10am-12noon Mama's 43 Rivermines St., Park Hills (573) 327-4040 Open Monday, Tuesday, Wednesday, Friday, Saturday 10am-2pm, Closed Thursday and Sunday Ministerial Alliance 765 Weber Rd., Farmington (573) 756-1794 Monday-Saturday 9am-5pm

Resale Shop 2901 US Hwy. 67 S., Farmington (573) 756-8658 Tuesday-

Saturday 10am-4pm

### **VETERANS INFORMATION**

Cape Girardeau Veterans Home 2400 Veterans Memorial Dr., Cape Girardeau (573) 290-5870

Homeless Veterans Hotline (877) 424-3838

Missouri Veterans Home 620 N. Jefferson St., St. James (573) 265-3271 St. Patricks Center 800 N. Tucker Blvd., St. Louis (314) 802-0700 Provides services to eligible veterans experiencing homelessness or in danger of losing their home. Counties served: St. Francois, Washington, Jefferson, St. Charles, Lincoln, Franklin and Warren

VA Clinic 1580 W. Columbia St., Farmington (573) 760-1365

Veterans Benefits (800) 827-1000

Veterans Crisis Line 988,1

Veteran's Employment Assistance 403 Parkway Dr., Suite A, Park Hills (573) 518-2431 Provides services to veterans helping them overcome barriers to job readiness and find employment or continue their education. Numerous other services available.

# YOUTH OPPORTUNITIES

Boy Scouts (800) 335-3346 District Office Girl Scouts (314) 592-2300 District Office **Community Sports:** 

Bonne Terre (573) 358-2254 Desloge (573) 431-3700 Farmington (573) 756-2215 Farmington Civic Center (573) 756-0900

Park Hills (573) 431-0478

Young Faith In Christ (573) 747-1705 A school-based program. Mentors commit to 1 hour per week for the school year and meet with K-12 students at the school. Background checks are required and training is provided.

4-H Clubs (573) 756-4539 University of Missouri Extension

#### IMPORTANT NUMBERS

| Adult Education/Hi-Set                            | (800) 521-7323    |
|---|-------------------|
| American Red Cross                                | (314) 516-2800    |
| Cancer Information                                | (800) 422-6237    |
| CDC (Disease Information)                         | (800) 232-4636    |
| CHADD/ADHD  | (301) 306-7070    |
| Child Abuse Hotline                               | (800) 392-3738    |
| Crisis Text Line                                  | TEXT 988          |
| Domestic/Family Violence Shelter/Sexual Assault   | (800) 663-9929    |
| Drug Abuse & Mental Health                        | (800) 575-7480    |
| Elderly Abuse                                     | (800) 392-0210    |
| Epilepsy Foundation                               | (800) 332-1000    |
| Federal Emergency Mgmt Agency (FEMA)              | (800) 621-3362    |
| Federal Tax Info/IRS                              | (800) 829-1040    |
| Food Stamps / MO HealthNet                        | (800) 392-1261    |
| Health Information Center                         | (240) 453-8280    |
| Homeless Veterans Hotline                         | (877) 424-3838    |
| Human Trafficking                                 | (888) 373-7888    |
| Infant Loss Resources (formerly SIDS)             | (800) 421-3511    |
| Legal Aid Services                                | (800) 444-0514    |
| Lifeline Network Suicide/Veterans                 | (800) 273-8255    |
| Mental Health Crisis Line                         | (800) 811-4760    |
| Missing /Exploited Child                          | (800) 843-5678    |
| MoHealth Net                                      | (888) 275-5908    |
| National Human Trafficking Hotline text 233733 of | or (888) 373-7888 |
| National Runaway Safe Line (teens in crisis)      | (800) 786-2929    |
| ParentLink WarmLine Resources                     | (800) 552-8522    |
| Poison Control                                    | (800) 222-1222    |
| Pregnancy Options Information                     | (877) 791-5475    |
| Relay Missouri                                    | (866) 735-2460    |
| Safe Place (National) text "SAFE" and your loca   | tion to 44357     |
| School Violence p3tips.com                        | (866) 748-7047    |
| Sexual Assault Hotline                            | (800) 656-4673    |
| Teen Suicide Prevention                           | (888) 644-5886    |
| Veterans Crisis Line                              | (800) 273-8255,1  |
| Women Infant Children (WIC)                       | (800) 392-8209    |
|   |                   |