



# MAC TRIO

## Upward Bound

### March Newsletter 2026



#### Upcoming Events:

##### March 6<sup>th</sup>:

Deadline to Register for the April ACT

##### March 9<sup>th</sup> - 13<sup>th</sup>:

No Weekly Meetings

##### March 21<sup>st</sup> :

Saturday Program & Senior Celebration

##### March 30<sup>th</sup> - April 2<sup>nd</sup>:

No Weekly Meetings

##### April 1<sup>st</sup>:

Lindenwood Trip for Upperclassmen

##### April 11<sup>th</sup>:

Saturday Program  
ACT Test

##### May 4<sup>th</sup> - 7<sup>th</sup>:

Last Week of Weekly Meetings

##### May 16<sup>th</sup>:

Summer Open House

##### May 26<sup>th</sup> - May 28<sup>th</sup>:

Senior Trip

#### What is the ACT?

The ACT is a standardized, multiple-choice college entrance exam used to measure high schoolers' readiness for college. It consists of four sections -

English - 50 questions - 35 minutes

Mathematics - 45 questions - 50 minutes

Reading - 36 questions - 40 minutes

Science - 40 questions - 40 minutes

#### What to Bring?

- A printed copy of your admission ticket
- A photo ID (license, permit, school / MAC ID card)
- Number 2 wooden pencils and erasers (no mechanical pencils allowed)
- Calculator
- Snacks (to eat during the break outside of the test room)

#### Test Taking Strategies:

- Get familiar with the content of each section, and study the areas you're not familiar with. Doing practice tests is a great way to study.
- Pace yourself, make sure you have enough time to read passages/questions and figure out your responses. Each section is timed.
- Read the directions and each question carefully.
- Answer the easy questions first, and skip the questions you find difficult.
- Make sure you answer every question. There is no penalty for guessing. If you are running low on time, guess and make sure every question is answered. Pick 1 letter and guess the same letter for the entire test. (Example: every time you guess, pick "B". Statistically, you'll do better guessing the same letter.)



#### Student News

Jessica Temple has 2 art projects being displayed in the SEMO art show.

Nathaniel Henderson got his learner's permit.

Adrian Biesemeyer got 4<sup>th</sup> place in the FBLA competition.

Emerson Welch is going to state for JAG.

# HAPPY BIRTHDAY!

**Devin Godat**

**Jaidyn Reed**

**Kimberlee Jackson**

**Riley Skaggs**

**Taylor Dalton**



# MAC TRIO

**Upward Bound**

## February Saturday Program

Volunteering at the Nursing Home and the Veterans' Wall



### A Federally Funded Program

The Mineral Area College TRIO Upward Bound 1 program is funded with a five-year, \$374,221 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound 2 program is a TRIO program funded with a five-year, \$324,979 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRIO programs.

For more information on Upward Bound 1 or 2 or for information on how to apply, contact the Upward Bound office located at Mineral Area College, at (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday

Mineral Area College does not discriminate based on race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call Title VI, Title IX, Section 504, or U.S. Department of Education, Office of Civil Rights.

If you have special needs as addressed by the Americans with Disabilities Act and need this publication in an alternative format, notify us at (573) 431-4593. Reasonable efforts will be made to accommodate your special needs.

### Mission

The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

### Upward Bound Staff

Rebecca Neighbors, Director, UBI & UBII  
e-mail: rneighbo@MineralArea.edu  
Connie Hester, Assistant Director, UBI & UBII  
e-mail: chester@MineralArea.edu  
Beth Brand, Academic Advisor, UBI  
e-mail: bbrand@MineralArea.edu  
Blair Franklin, Academic Advisor, UBI & UBII  
email: bfranklin@MineralArea.edu  
Madeline Pryor, Academic Advisor, UBII  
e-mail: mpryor@MineralArea.edu

### Contact Us

P.O. Box 1000  
Park Hills, Mo 63601-1000  
573.518.2156  
Fax: 573.518.2168